# We bring hospital care to the patient's home.

Our work gives patients and providers an important alternative to the traditional hospital setting by taking acute care treatment into patients' homes. At Contessa, we enable provider organizations and health plans to deliver hospitallevel care to patients with non-life-threatening conditions in an environment that has proven to be safer and more affordable than a traditional hospital setting – the home.

# CONTESSA'S OUTCOMES

↓35% decrease in mean length of stay decrease in readmission rate 1 22% increase in patient satisfaction 90%+ opt-in rate

## OUR EXPERTS



## TRAVIS MESSINA, MBA

Founder and CEO

Travis is passionate about treating patients in a setting that best fits their needs, which is often the home. He founded Contessa in 2015 to provide a new standard of

healthcare for providers, payers and patients. Since its launch, the company has partnered with six health systems across the US and continues to grow. Before Contessa, Travis built his career investing in healthcare ventures. He spent time at Martin Ventures, Vanguard Health Systems, Signal Hill Capital and SunTrust Robinson Humphrey.

## TOPICS

#### Finances/Operations

#### Innovation

- Value-based care
- Reimbursement policy
- Costs of inpatient care
- Integrated delivery networks
- Bundled payments
- The future of healthcare delivery
- Alternative sites of care
- Tech-enabled care
- Hospital staffing and capacity issues
- Pandemic response



## MARK. R. MONTONEY, MD, MBA

#### Senior Medical Advisor

Mark is the Senior Medical Advisor at Contessa. Prior to Contessa, he served as the Chief Medical Officer of Tenet Healthcare where he led a network of

regional physician executives and collaborated with nursing leadership in driving clinical performance and high quality patient care. Mark joined Tenet through its acquisition of Vanguard Health Systems, where he was the Chief Medical Officer. Prior to Vanguard, Mark was the Chief Medical Officer of OhioHealth where he also practiced internal and geriatric medicine. While not a graduate of Ohio State University, having grown up in Columbus, Ohio, he still considers himself to be an "ex officio" Buckeye.

## TOPICS

#### Innovative Care Delivery

- Hospital care at home
- Remote clinical care
- Infection prevention
- Patient satisfaction
- Patient experience
- Alternative care sites
- Care coordination

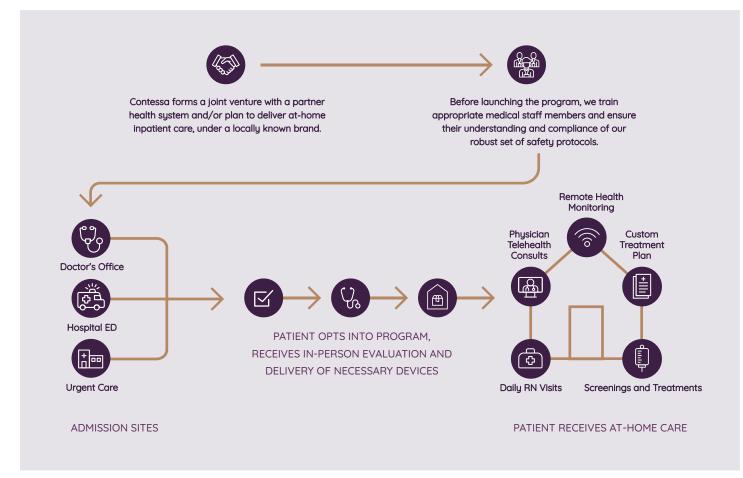
#### **Clinician Engagement**

- Workload/burnout
- Administrative duties
- Clinical partnership



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# HOW OUR CARE MODEL WORKS



# MOST COMMON CARE CONDITIONS

A growing number of insurers are agreeing to cover patients to receive up to 30 days of safe, hospital-level medical care in the comfort of their own home.

Today, the most common conditions Contessa covers include:

- Asthma
- Cellulitis
- COPD

- Dehydration
- Pneumonia
- Urinary tract infections
- Congestive heart failure
- Blood clots (including DVT and PE)

## FEATURED COVERAGE



5 ways hospitals can boost capacity through home health



Hospital-level care at home can work and save money, research suggests



Inside Mount Sinai's hospitalat-home program

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Some of the nation's largest health systems want to care for patients in their homes. Here's why.

